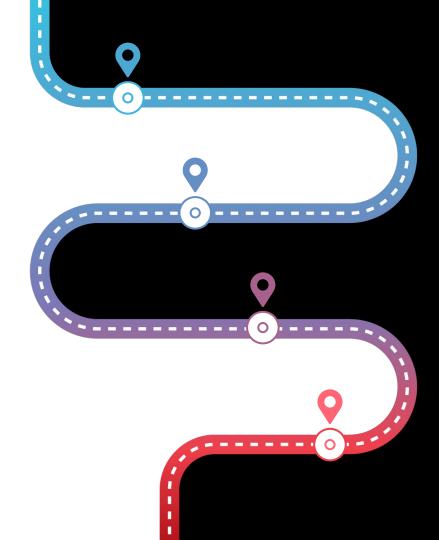
# A Guide for Engaging with Patients to Reduce Out-of-Pocket Costs

How financial navigators can support cancer patients along their journeys





## Who Should Use This Guide



#### Why Use the Financial Navigation Guide?

Health system support service divisions, patient navigation teams, and individual nurse navigators can use this resource to:

- → Design a financial navigation program to reduce out-of-pocket costs for patients across their cancer journey.
- Choose digital solutions to support navigation program implementation.



## The Financial Navigation Guide as Part of a Digital Oncology Strategy

The workflow strategy and solutions listed in this resource support your implementation of the <u>CancerX Core</u> <u>Competencies Guide for Health Systems.</u>







- Insurance Plan Selection
- Treatment Planning Process
- Prior Authorization Submission



- Automated Referral To Support
- Patient Declines or Stops Treatment Due to Cost
  - Rescreen for Risk of Financial Toxicity
- Survivorship





#### **Disease Characterization**

## **Enablement of Digital Solution by Financial Navigation Staff**

✓ Connect Patients to Low-to-No Cost Testing For Tumor Characterization

#### **Digital Solution**

- ✓ EHR-Embedded Ordering to Increase Biomarker Test Uptake
- ✓ Connection to Financial Assistance Available from 3rd Party Test Vendors
- Example Process: Atrium Levine Health





#### **Diagnosis**



**Disease Characterization** 



#### **Screening for Distress & Risk of Financial Toxicity**



Insurance Plan Selection



Treatment Planning Process



**Prior Authorization Submission** 



#### **First Line Treatment Initiation**



**Automated Referral To Support** 



Patient Declines or Stops Treatment Due to Cost



Rescreen for Risk of Financial Toxicity



#### Survivorship



Cost as Part of Patient Engagement During Survivorship



## Screening for Distress & Risk of Financial Toxicity

## **Enablement of Digital Solution by Financial Navigation Staff**

✓ Administer Risk of Distress Screening Survey Inclusive of Measures of Financial Toxicity

#### **Digital Solution**

✓ Digital Risk Survey Administered Through Patient Portal or by Nurse Navigator



Example Tech: <u>CSC My Care Platform</u>





#### **Diagnosis**



**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



#### **Insurance Plan Selection**



Treatment Planning Process



**Prior Authorization Submission** 



#### **First Line Treatment Initiation**



Automated Referral To Support



Patient Declines or Stops Treatment Due to Cost



Rescreen for Risk of Financial Toxicity



#### Survivorship



Cost as Part of Patient Engagement During Survivorship



#### **Insurance Plan Selection**

## **Enablement of Digital Solution by Financial Navigation Staff**

 Deliver or Refer to Comprehensive Patient Education about Financial Health and Insurance Coverage

#### **Digital Solution**

✓ Digital Patient Financial Education Platform



Example Tech: TailorMed Platform





#### **Diagnosis**



**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



Insurance Plan Selection







**Prior Authorization Submission** 



**First Line Treatment Initiation** 



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#### **Survivorship**



Cost as Part of Patient Engagement During Survivorship



#### **Treatment Planning Process**

## **Enablement of Digital Solution by Financial Navigation Staff**

 Review Results of Any Tumor/Biomarker Testing and Embed Cost In Discussion of Available Treatment Options (including clinical trials)

#### **Digital Solution**

✓ Applications or Platforms to Support Improved Patient-Provider Communication



Example Tech: <u>DISCO App</u>







**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



Insurance Plan Selection



**Treatment Planning Process** 



#### **Prior Authorization Submission**



#### **First Line Treatment Initiation**



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#### **Prior Authorization Submission**

## **Enablement of Digital Solution by Financial Navigation Staff**

✓ Ensure relevant patient medical records are submitted for insurance review, alongside letter of medical necessity

#### **Digital Solution**

✓ HIPAA Complaint Al-writing Assistant to Minimize Administrative Burden and Standardize Communication



Example Tech: <u>DocsGPT</u>





#### **Diagnosis**



**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



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#### **Automated Referral To Support**

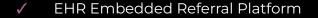


Caregiver and Patient Touch Point about Non-Financial Resource Needs

## **Enablement of Digital Solution by Financial Navigation Staff**

 Engage in Cost of Care (Medical and Non-Medical Cost) Conversation with Nurse Navigator at Point of Care

#### **Digital Solution**





Example Process: <u>LLS Epic-Embedded Referral</u>







**Disease Characterization** 



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**Treatment Planning Process** 



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Rescreen for Risk of Financial Toxicity



Survivorship



Cost as Part of Patient Engagement During Survivorship



## Patient Declines or Stops Treatment Due to Cost

Special Case

## Enablement of Digital Solution by Financial Navigation Staff

✓ Convene Care Team, Non-Clinical Support Services Staff, Health System Administrators and Other Relevant Stakeholders to Review Case and Make Recommendations

#### **Digital Solution**

 Technology Platforms to Support Virtual Multidisciplinary Tumor Board Meetings



Example Process: <u>Atrium Levine Financial</u> <u>Toxicity Tumor Board</u>







**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



Insurance Plan Selection



Treatment Planning Process



**Prior Authorization Submission** 



**First Line Treatment Initiation** 



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Patient Declines or Stops Treatment Due to Cost



**Rescreen for Risk of Financial Toxicity** 



Survivorship



Cost as Part of Patient Engagement During Survivorship



## Rescreen for Risk of Financial Toxicity

## Enablement of Digital Solution by Financial Navigation Staff

✓ Risk of Distress Screening Survey Inclusive of Measure of Financial Toxicity

#### **Digital Solution**

✓ Digital Risk Survey Administered Through Patient Portal or by Nurse Navigator



Example Tech: <u>CSC My Care Platform</u>







**Disease Characterization** 



Screening for Distress & Risk of Financial Toxicity



Insurance Plan Selection



Treatment Planning Process



**Prior Authorization Submission** 



**First Line Treatment Initiation** 



<u>Automated Referral To Support</u>



Patient Declines or Stops Treatment Due to Cost



Rescreen for Risk of Financial Toxicity



Survivorship







#### Cost as Part of Patient Engagement During Survivorship

## Enablement of Digital Solution by Financial Navigation Staff

✓ Ensure That Survivorship Plan Includes Cost of Care Planning and that Cost is Discussed at Patient Encounters During Survivorship

#### **Digital Solution**

✓ Telehealth Platform and/or Patient Portal



Example Tech: MyChart



## More Resources for Your Digital Oncology Strategy

## The Financial Navigation Guide as Part of Your Digital Oncology Strategy

The workflow strategy and solutions listed in this resource support your implementation of the <u>CancerX Core Competencies Guide for Health Systems</u>.

#### **About CancerX**

CancerX is a public-private partnership announced by The White House as a national accelerator to boost innovation in the fight against cancer as part of the reignited Cancer Moonshot. You can access more information and resources at <u>CancerX.Health</u>.